

Hours

TUESDAY - SATURDAY 11:00AM - 6:00PM

SUNDAY - MONDAY CLOSED

mountaingoatmarket@gmail.com

731-924-2727

STALK US @MOUNTAINGOATMARKET









ELANA RUZ

honey turkey, cream cheese, strawberry jam, served on a french baquette

BLAZIN' CLUB

buffalo chicken, bacon, pepper jack cheese, lettuce, tomato, mayo, served on sourdough

FIESTA BURRITO

chipotle chicken, pepper jack cheese, black bean & corn salsa, tomato, & avocado lime ranch dressing

CUBAN

ham, pulled pork, swiss, tangy bbg sauce, served on a baquette

FLYING PIG

chicken, pepperjack, bacon, ranch, served on hoagie roll

PHILLY STEAK

roast beef, provolone, green peppers, onions, mushrooms, chipotle mayo, served on hoagie roll

RAGIN CAJUN

cajun turkey, gouda, bacon, chipotle mayo, spinach, served on sourdough

PESTO

herb encrusted turkey, pepperjack, roasted red peppers, pesto aioli, spinach, served on a baquette

GOOEY

ham, cheddar, pimento cheese, served on sourdough

REUBEN

corned beef, swiss, sauerkraut, sabi sauce, served on marbled rye

GREEN GODDESS

avocado, pesto, goat cheese, fresh mozzarella, spinach dip, served on a baquette

TREEHUGGER

shrooms, provolone, green & red peppers, cajun mayo, onions, sprouts, served on a baquette

GOAT B.L.A.T.

turkey, bacon, cheddar, lettuce, tomato, avocado, mayo, served on multigrain wheat

CHICKEN SALAD

house-made with grapes, apples, celery, pecans, & honey poppyseed dressing, served on a croissant

Paninis or make it a wrap

ADD CHIPS & FOUNTAIN DRINK <u>\$3.50</u>

MAKE IT GLUTEN-FREE \$1.00

Little Goat

PB&J \$5.00

classic peanut butter and jelly served on white bread *cold unless other specified

BUTTERMONKEY \$5.00

bananas, chocolate chips, peanut butter served quesadilla style on flour wrap

GRILLED CHEESE \$5.00

cheddar & mozzarella crisped to perfection, served on white bread

TURKEY OR HAM & CHEDDAR \$7.00

served on white bread *cold unless other specified

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Bread Options

Sourdough, French baquette, Hoagie roll, White, marbled rye, multigrain wheat, multigrain croissant, everything bagel, flour or wheat wrap, gluten free bread



SIDE ITEMS \$2.99

- Broccoli Salad
- Pasta Salad
- Fresh Fruit
- Potato Salad
- Mac & Cheese

or make it a wrap

spring mix, hummus, mozzarella, shredded cheddar, cucumbers, onions, green peppers, tomatoes, sunflower seeds served with your choice of dressing

spinach, shaved parmesan, tomatoes, croutons served with creamy caesar dressing

GO GREEK

romaine, feta, hummus, spinach, cucumbers, onions, roasted red peppers, black olives, banana peppers served with feta vinaigrette

STRAWBERRY SPINACH

spinach, pecans, onions, goat cheese crumble, fresh strawberries, served with balsamic

romaine, carrots, almonds, broccoli ramen slaw, wontons, served with sesame dressing

KILLER KALE

kale, blueberries, carrots, almonds, goat cheese, craisins served with blueberry pomegranate dressing

DRESS IT UP

ranch, avocado lime ranch, blueberry pomegranate, feta vinaigrette, balsamic, thousand island, Italian, raspberry vinaigrette

MARGHERITA

red sauce, basil, fresh mozzarella, tomatoes *no shredded mozzarella

HERBIVORE

pesto, artichoke hearts, spinach, roasted red peppers, mozzarella, feta

CHICKA BOOM

bbg sauce, chicken, bacon, cheddar, onions, jalapeños, ranch swirl

LU-WOW

bbg sauce, canadian bacon, mozzarella, pineapple, onion, cilantro

ALWAYS SUNNY

alfredo sauce, onion, chicken, green peppers, onions, mushrooms, mozzarella

TACO PIE

salsa, cheddar, beef, red pepper, onion, topped with sour cream, tomato, & lettuce

GOODFELLA

red sauce, pepperoni, sausage, olives, mushrooms, mozzarella, banana peppers, onion, green peppers

\$10.00

\$14.00

\$18.00

\$12.00 **GF CAULIFLOWER**

CRUST

PICKLE PIE

red sauce, cheddar, beef, bacon, onions, dill pickle chips

KALE YEAH

pesto, sausage, goat cheese, kale, mozzarella

FANCY PANTS

olive oil, chicken, mozzarella, feta, roasted red peppers, basil, balsamic drizzle

MEATBALL

meatballs, alfredo, peppadews, ricotta, yellow peppers, onion, fresh basil

BIG CHEEZY

red sauce feta, mozzarella, rovolone, ricotta

CHEEZY BREAD

herbed olive oil & mozzarella baked to crispy perfection

\$2.00 Grilled Chicken

Salad aditions

\$2.00 Avocado \$2.50 Scoop of chicken salad

STROMBOLI!

your own!