

Hours

TUESDAY - SATURDAY 11:00AM - 6:00PM

**SUNDAY - MONDAY CLOSED** 

mountaingoatmarket@gmail.com



931-924-2727







STALK US @MOUNTAINGOATMARKET

#### **ELANA RUZ**

honey turkey, cream cheese, strawberry jam, served on a french baguette

#### **BLAZIN' CLUB**

buffalo chicken, bacon, pepper jack cheese, lettuce, tomato, mayo, served on sourdough

#### **FIESTA BURRITO**

chipotle chicken, pepper jack cheese, black bean & corn salsa, tomato, & avocado lime ranch dressing

#### CUBAN

ham, pulled pork, swiss, tangy bbg sauce, served on a baquette

#### **FLYING PIG**

chicken, pepperjack, bacon, ranch, served on hoagie roll

#### **PHILLY STEAK**

roast beef, provolone, green peppers, onions, mushrooms, chipotle mayo, served on hoagie roll

#### **RAGIN CAJUN**

cajun turkey, gouda, bacon, chipotle mayo, spinach, served on sourdough

#### **PESTO**

herb encrusted turkey, pepperjack, roasted red peppers, pesto aioli, spinach, served on a baquette

#### **GOOEY**

ham, cheddar, pimento cheese, served on sourdough

#### **REUBEN**

corned beef, swiss, sauerkraut, sabi sauce, served on marbled rye

#### **GREEN GODDESS**

avocado, pesto, goat cheese, fresh mozzarella, spinach dip, served on a baquette

#### **TREEHUGGER**

shrooms, provolone, green & red peppers, cajun mayo, onions, sprouts, served on a baquette

#### **GOAT B.L.A.T.**

turkey, bacon, cheddar, lettuce, tomato, avocado, mayo, served on multigrain wheat

#### CHICKEN SALAD

house-made with grapes, apples, celery, pecans, & honey poppyseed dressing, served on a croissant

Paninis or make it a wrap

> **ADD CHIPS & FOUNTAIN DRINK** \$2.50

**MAKE IT GLUTEN-FREE** \$1.00

# Little Goat

#### **PB&J** \$4.00

classic peanut butter and jelly served on white bread \*cold unless other specified

#### **BUTTERMONKEY** \$4.00

bananas, chocolate chips, peanut butter served quesadilla style on flour wrap

#### **GRILLED CHEESE** \$4.00

cheddar & mozzarella crisped to perfection, served on white bread

#### TURKEY OR HAM & CHEDDAR \$5.00

served on white bread \*cold unless other specified

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## Bread Options

Sourdough, French baquette, Hoagie roll, White, marbled rye, multigrain wheat, multigrain croissant, everything bagel, flour or wheat wrap, gluten free bread



### SIDE ITEMS *\$2.99*

- · Broccoli Salad
- Pasta Salad
- Fresh Fruit
- Potato Salad
- Mac & Cheese

or make it a wrap

Salad aditions

\$2.00 Grilled Chicken

\$2.00 Avocado

\$2.50 Scoop of chicken salad

#### **GARDEN**

spring mix, hummus, mozzarella, shredded cheddar, cucumbers, onions, green peppers, tomatoes, sunflower seeds served with your choice of dressing

#### CAESAR

spinach, shaved parmesan, tomatoes, croutons served with creamy caesar dressing

#### **GO GREEK**

romaine, feta, hummus, spinach, cucumbers, onions, roasted red peppers, black olives, banana peppers served with feta vinaigrette

#### STRAWBERRY SPINACH

spinach, pecans, onions, goat cheese crumble, fresh strawberries, served with balsamic

#### ΔSIΔN

romaine, carrots, almonds, broccoli ramen slaw, wontons, served with sesame dressing

#### **KILLER KALE**

kale, blueberries, carrots, almonds, goat cheese, craisins served with blueberry pomegranate dressing

#### DRESS IT UP

ranch, avocado lime ranch, blueberry pomegranate, feta vinaigrette, balsamic, thousand island, Italian, raspberry vinaigrette

# **CHEEZY**GREATNESS

#### **MARGHERITA**

red sauce, basil, fresh mozzarella, tomatoes \*no shredded mozzarella

#### **HERBIVORE**

pesto, artichoke hearts, spinach, roasted red peppers, mozzarella, feta

#### **CHICKA BOOM**

bbq sauce, chicken, bacon, cheddar, onions, jalapeños, ranch swirl

#### **LU-WOW**

bbq sauce, canadian bacon, mozzarella, pineapple, onion, cilantro

#### **ALWAYS SUNNY**

alfredo sauce, onion, chicken, green peppers, onions, mushrooms, mozzarella

#### **TACO PIE**

salsa, cheddar, beef, red pepper, onion, topped with sour cream, tomato, & lettuce

#### **GOODFELLA**

red sauce, pepperoni, sausage, olives, mushrooms, mozzarella, banana peppers, onion, green peppers

\$10.00

\$14.00

\$18.00

\$18.00 \$12.00

**GF CAULIFLOWER** 

#### **PICKLE PIE**

red sauce, cheddar, beef, bacon, onions, dill pickle chips

#### KALE YEAH

pesto, sausage, goat cheese, kale, mozzarella

#### **FANCY PANTS**

olive oil, chicken, mozzarella, feta, roasted red peppers, basil, balsamic drizzle

#### **MEATBALL**

meatballs, alfredo, peppadews, ricotta, yellow peppers, onion, fresh basil

#### **BIG CHEEZY**

red sauce feta, mozzarella, rovolone, ricotta

#### **CHEEZY BREAD**

herbed olive oil & mozzarella baked to crispy perfection

**NOTHING STRIKE YOUR FANCY?** 

MAKE ANY PIZZA
GLUTEN FREE OR A
STROMBOLI!

Create your own!